

S	O	B	E	R
Treatment	Addiction	Has more than 1 week clean	Positive coping strategies	Memory loss
Has a sponsor	Self-help support group	Opioids	Affirmations	Resentments
Trigger	Celebrated a recovery milestone/Anniv within the past week	FREE	Money problems	Inhalants
Family troubles	Marijuana	Relapse	Meditation coping Skills	Pain pills
Relationships	High risk situation	Heroin	Mental Health Court	Co-occurring disorder

S	O	B	E	R
Money problems	Memory loss	Celebrated a recovery milestone/Anniv within the past week	Resentments	Co-occurring disorder
Relapse	Inhalants	Marijuana	Self-help support group	Affirmations
Trigger	Positive coping strategies	FREE	Mental Health Court	Has a sponsor
Has more than 1 week clean	Opioids	Relationships	Family troubles	Pain pills
Addiction	Treatment	Working on communication	Has fewer than 90 days clean/sober	Heroin

S	O	B	E	R
Money problems	Has a sponsor	Pain pills	Has fewer than 90 days clean/sober	Affirmations
Addiction	Working on communication	Has more than 1 week clean	Trigger	Family troubles
Self-help support group	Relationships	FREE	Meditation coping Skills	Positive coping strategies
Co-occurring disorder	Mental Health Court	Marijuana	Inhalants	Celebrated a recovery milestone/Anniv within the past week
Resentments	Memory loss	Heroin	Opioids	Treatment