

B	I	N	G	O
You asked for space from someone	Asked permission to use someone's stuff	Said "no" to a request	Telling someone they hurt your feelings	Someone pressures you into a favor
Keeping your passwords secret	You and someone discussed boundaries	Someone shares your secret without permission	Choose to ask a clarifying question	Someone touches you without asking
Used active communication	You didn't reply to a text immediately	FREE	Choosing not to answer a personal question	Someone asks to borrow your phone
Someone asks you for money constantly	Took alone time	Someone forgave you for crossing their boundary	Someone asked you for support	Someone respected your boundaries
Set limits on screen time	Having phone password	Someone told you their emotional boundaries	declining an invite	Paid someone back after borrowing money

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