

B	I	N	G	O
Tinolang Manok	30 minutes per day	Go Foods	Obesity	Malunggay
Ehersisyo	Stunting	Milk	Avocado	Non-Communicable Diseases
Prutas at Gulay	Variety	FREE	Balance	Kalabasa
Kanin	Processed foods	Karne	Hypertension	Mangga
Grow Foods	Diabetes	Moderation	Wasting	Glow Foods

B	I	N	G	O
Variety	Avocado	Obesity	Ehersisyo	Milk
Go Foods	Wasting	Malunggay	Diabetes	Non-Communicable Diseases
Kanin	Balance	FREE	Kalabasa	30 minutes per day
Hypertension	Moderation	Tinolang Manok	Glow Foods	Processed foods
Karne	Mangga	Prutas at Gulay	Stunting	Grow Foods

B	I	N	G	O
Diabetes	Moderation	Avocado	Mangga	Balance
Tinolang Manok	Kanin	Karne	Stunting	Malunggay
Prutas at Gulay	Glow Foods	FREE	Processed foods	Hypertension
Variety	Non-Communicable Diseases	Obesity	Wasting	Go Foods
Kalabasa	30 minutes per day	Milk	Ehersisyo	Grow Foods