

MENOPAUSAL MAYHEM

Cold Flashes	Night Sweats	Dizziness	Takes HRT	Weak nails
Insomnia	Libido	Itchy	Palpitations	Overactive Bladder
Hot Flashes	Facial Hair	BLANK	Restless Legs	Aches & pains
Hair Loss	Brain Fog	Sweary	Anxiety	Tinnitus
Irritability	Headaches	Memory loss	Crabby	Burning Tongue

MENOPAUSAL MAYHEM

Mood Swings	Weight Gain	Hairy	Dry Skin	Weak nails
Irritability	Headaches	Sweary	Crabby	Overactive Bladder
Insomnia	Libido	BLANK	Restless Legs	Tinnitus
Hot Flashes	Brain Fog	Dizziness	Palpitations	Aches & pains
Cold Flashes	Night Sweats	Bloating	Takes HRT	Burning Tongue

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