

B	I	N	G	O
Positive Thinking	All or Nothing Thinking	Jumping to Conclusions	Overgeneralization	Magical Thinking
Emotional Reasoning	Positive Thinking	Minimization	Catastrophizing	Positive Thinking
Catastrophizing	Mind Reading	FREE	Jumping to conclusions	Positive Thinking
Jumping to conclusions	Poislitive thinking	Labeling	Overgeneralization	Jumping to conclusions
Jumping to conclusions	Magnification	Catastrophizing	Disqualifying Positives	Personalization

B	I	N	G	O
Jumping to conclusions	Catastrophizing	Jumping to conclusions	Positive Thinking	Catastrophizing
Positive Thinking	Positive Thinking	Mind Reading	Overgeneralization	Magnification
Jumping to conclusions	Magical Thinking	FREE	Emotional Reasoning	Jumping to Conclusions
Minimization	Positive thinking	Personalization	Poisitive thinking	Catastrophizing
Disqualifying Positives	Overgeneralization	All or Nothing Thinking	Labeling	Should Statements

B	I	N	G	O
Positive thinking	Emotional Reasoning	Catastrophizing	Personalization	Emotional Reasoning
Mind Reading	Fortune Telling	Should Statements	Catastrophizing	Positive Thinking
Labeling	Disqualifying Positives	FREE	Overgeneralization	Jumping to conclusions
Jumping to Conclusions	Jumping to conclusions	All or Nothing Thinking	Jumping to conclusions	Magnification
Overgeneralization	Positive Thinking	Poisitive thinking	Jumping to conclusions	Positive Thinking