

B	I	N	G	O
Warning sign: indirect verbal cues	2nd leading cause of death of ages 15-24	Let the student talk and LISTEN	Stay with the student	Risk factor: Anxiety
Call your MH person or Jennifer	Warning sign: behavior changes	Risk factor: Low Self-Esteem	9% of HS students have attempted	Warning sign: Depression
Warning sign: prior attempt	Able to identify reasons to live	Reducing the Stigma is FREE	Risk factor: High stress level	Mental Health Crisis Line: 988
CIS Crisis definition: 48 hours	National Suicide Hotline (800) 273-8255	Tell someone-who?	Resources are unknown to student	Risk factor: Untreated mental health issues
Warning sign: Cutting	MH Referral to a Psychiatrist	Life goals and high self-esteem	Risk factor: Grief	Attempt at school: CALL 911

B	I	N	G	O
Risk factor: High stress level	Risk factor: Anxiety	Able to identify reasons to live	Warning sign: Depression	Attempt at school: CALL 911
Tell someone-who?	Mental Health Crisis Line: 988	National Suicide Hotline (800) 273-8255	Warning sign: behavior changes	9% of HS students have attempted
Warning sign: prior attempt	Stay with the student	Reducing the Stigma is FREE	Risk factor: Grief	Call your MH person or Jennifer
Let the student talk and LISTEN	Risk factor: Low Self-Esteem	Warning sign: Cutting	CIS Crisis definition: 48 hours	Risk factor: Untreated mental health issues
2nd leading cause of death of ages 15-24	Warning sign: indirect verbal cues	Warning sign: suicidal ideation	I can ask student about suicidal thoughts	Life goals and high self-esteem

B	I	N	G	O
Risk factor: High stress level	Call your MH person or Jennifer	Risk factor: Untreated mental health issues	I can ask student about suicidal thoughts	9% of HS students have attempted
2nd leading cause of death of ages 15-24	Warning sign: suicidal ideation	Let the student talk and LISTEN	Warning sign: prior attempt	CIS Crisis definition: 48 hours
Warning sign: behavior changes	Warning sign: Cutting	Reducing the Stigma is FREE	Resources are unknown to student	Stay with the student
Attempt at school: CALL 911	Risk factor: Grief	National Suicide Hotline (800) 273-8255	Mental Health Crisis Line: 988	Able to identify reasons to live
Warning sign: Depression	Risk factor: Anxiety	Life goals and high self-esteem	Risk factor: Low Self-Esteem	Warning sign: indirect verbal cues