

Warning sign: indirect verbal cues	2nd leading cause of death of ages 15-24	Let the student talk and LISTEN	Risk factor: Untreated mental health issues	Risk assessment
Call your MH person or Jennifer	Warning sign: behavior changes	Risk factor: High stress level	9% of HS students have attempted	Warning sign: Cutting
Able to identify reasons to live	Risk factor: Grief	Reducing the Stigma FREE	National Suicide Hotline (800) 273-8255	Warning sign: Depression
Plan of action	Tell someone-who?	Resources are unknown to student	Risk factor: Low Self-Esteem	MH Referral to a Psychiatrist
Life goals and high self-esteem	Risk factor: Anxiety	Attempt at school: CALL 911	CIS Crisis definition: 48 hours	Stay with the student

Mental Health Crisis Line: 988	Able to identify reasons to live	National Suicide Hotline (800) 273-8255	Warning sign: behavior changes	9% of HS students have attempted
Warning sign: indirect verbal cues	Warning sign: Depression	Risk factor: Grief	Risk factor: Untreated mental health issues	Risk factor: Anxiety
Plan of action	Risk assessment	Reducing the Stigma FREE	Call your MH person or Jennifer	Let the student talk and LISTEN
Risk factor: High stress level	Warning sign: prior attempt	Stay with the student	Tell someone-who?	Attempt at school: CALL 911
CIS Crisis definition: 48 hours	Risk factor: Low Self-Esteem	2nd leading cause of death of ages 15-24	Resources are unknown to student	Warning sign: suicidal ideation

Warning sign: prior attempt	Crisis follow-up	Able to identify reasons to live	Stay with the student	Call your MH person or Jennifer
Risk factor: Grief	I can ask student about suicidal thoughts	Warning sign: suicidal ideation	9% of HS students have attempted	Warning sign: indirect verbal cues
Resources are unknown to student	CIS Crisis definition: 48 hours	Reducing the Stigma FREE	Risk factor: Untreated mental health issues	National Suicide Hotline (800) 273-8255
Let the student talk and LISTEN	Mental Health Crisis Line: 988	2nd leading cause of death of ages 15-24	Life goals and high self-esteem	Risk factor: Anxiety
Risk factor: Low Self-Esteem	Warning sign: behavior changes	Tell someone-who?	Plan of action	Warning sign: Cutting