

Recovery Bingo

steroids	Change	How my family was affected	memory loss	Warning Signs
Guilt	relationships	affirmations	Contemplative Stage	relapse
Family	Meditation	FREE	Recovery	positive coping strategies
Sobriety	family	How my thinking was affected	"Thinking I can do this alone"	How my sleep was affected
Focus on Today	Goals	addiction	High risk situation	better communication

Recovery Bingo

treatment	money problems	family	affirmations	positive coping strategies
Focus on Today	Goals	better communication	"Thinking I can do this alone"	Guilt
addiction	Contemplative Stage	FREE	Meditation	Change
Warning Signs	steroids	trigger	High risk situation	Family
memory loss	How I feel about recovery	Recovery	How my family was affected	How my thinking was affected

Recovery Bingo

addiction	Guilt	family	better communication	How I feel about recovery
Contemplative Stage	trigger	How my family was affected	treatmen t	resentments
High risk situation	positive coping strategies	FREE	Sobriety	memory loss
Change	Goals	\Thinking I can do this alone\"	Recovery	Life in Recovery
steroids	Family	relapse	Focus on Today	relationships