RECOVERY

Stress Management	Agression	AA/NA	Education	Probation/Parole
IOP	Counseling	Stages of Change	Motivation	Avoidance
Planning Ahead	Self-esteem	**FREE**	Support	Communication
Leisure Time	HALT	HOW	Recovery	Hope
Physical Activity	Relapse	Goals	Energy	Independence

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RECOVERY

HOW	Emotions	Communication	Community Involvement	Leisure Time
IOP	Hope	Change	Social Interaction	Probation/Parole
Groups	Stages of Change	**FREE**	Avoidance	Support
Agression	Independence	HALT	Court	Peers
Problem Solving	Planning Ahead	Motivation	Recovery	Coping Skills

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RECOVERY

Physical Activity	IOP	Court	Individuals	Agression
Groups	AA/NA	Hope	Counseling	Leisure Time
Strength	Community Involvement	**FREE**	Volunteering	Therapeutic Community
Change	Probation/Parole	Motivation	Drug Screen	Support
Avoidance	Stress Management	Coping Skills	Planning Ahead	HOW

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