

|                |                   |                       |                               |                |
|----------------|-------------------|-----------------------|-------------------------------|----------------|
| <b>S</b>       | <b>O</b>          | <b>B</b>              | <b>E</b>                      | <b>R</b>       |
| resentments    | ASAP              | 7<br>Challenges       | High risk<br>situation        | inhalants      |
| alcohol        | Detox             | prescription<br>drugs | ecstasy                       | Challenge<br>1 |
| illegal        | mood<br>swings    | <b>FREE</b>           | self-help<br>support<br>group | Challenge<br>3 |
| depression     | Second<br>Chances | pain pills            | Dependence                    | Self Talk      |
| memory<br>loss | addiction         | highs/<br>lows        | money<br>problems             | NNAMHS         |

|              |                         |                            |                       |                    |
|--------------|-------------------------|----------------------------|-----------------------|--------------------|
| <b>S</b>     | <b>O</b>                | <b>B</b>                   | <b>E</b>              | <b>R</b>           |
| mood swings  | Second Chances          | Mental Health Court        | break the cycle       | Self Talk          |
| Meditation   | Challenge 4             | Challenge 6                | co-occurring disorder | alcohol            |
| affirmations | Challenge 2             | <b>FREE</b>                | pain pills            | Challenge 5        |
| marijuana    | Relapse                 | Challenge 3                | Self Reflection       | prescription drugs |
| Challenge 1  | self-help support group | positive coping strategies | Brain damage          | inhalants          |

|                       |                         |                    |                          |                |
|-----------------------|-------------------------|--------------------|--------------------------|----------------|
| <b>S</b>              | <b>O</b>                | <b>B</b>           | <b>E</b>                 | <b>R</b>       |
| break<br>the<br>cycle | Challenge<br>2          | Self<br>Reflection | co-occurring<br>disorder | pain pills     |
| Self Talk             | better<br>communication | Detox              | Higher<br>Power          | family         |
| side<br>effects       | marijuana               | <b>FREE</b>        | illegal                  | ecstasy        |
| meth                  | Challenge<br>4          | Challenge<br>7     | heroin                   | highs/<br>lows |
| cancer                | Brain<br>damage         | Relapse            | 7<br>Challenges          | affirmations   |