B	I	N	G	O
Stretch before coming into work	Call a co-worker to check in	Have a solo dance party	Share an activity for your families on your resource board	Send a funny meme to a coworker
Create a homemade game that includes cultural diversity	Smile at a coworker today	Share a healthy recipe with someone at work	Connect with nature and brought a natural item into your classroom	Share a positive or uplifting video or podcast to a colleague/team
Share two resiliency strategies	Take a walk with a colleague on break	**FREE**	Create a DIY sensory bottle	Learn a new exercise and demonstrate to coworker
Make a healthy snack with the children	Share an inspiring quote to the team	Organize the storage closet	Laugh with a co-worker after telling them a joke	Share a funny meme with a coworker
Highlight a dance activity with the children using props	Create a homemade book with the children	Share a healthy snack with a coworker today	Verified attendance with my colleague after returning from lunch	Eat a healthy breakfast

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B	I	N	G	O
Take a walk with a colleague on break	Connect with nature and brought a natural item into your classroom	Share an activity for your families on your resource board	Create a homemade game that includes cultural diversity	Share a healthy recipe with someone at work
Have a solo dance party	Verified attendance with my colleague after returning from lunch	Send a funny meme to a coworker	Create a homemade book with the children	Share a positive or uplifting video or podcast to a colleague/team
Make a healthy snack with the children	Create a DIY sensory bottle	**FREE**	Learn a new exercise and demonstrate to coworker	Call a co-worker to check in
Laugh with a co-worker after telling them a joke	Share a healthy snack with a coworker today	Stretch before coming into work	Eat a healthy breakfast	Share an inspiring quote to the team
Organize the storage closet	Share a funny meme with a coworker	Share two resiliency strategies	Smile at a coworker today	Highlight a dance activity with the children using props

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