

B	I	N	G	O
Voice deepening (boys)	Breast development (girls)	Facial hair growth (boys)	More time spent with friends	Increased curiosity
Desire for independence from family	Self-awareness (thinking about identity)	Interest in new hobbies or activities	Changes in family relationships	Mood swings
Pubic hair growth	Wet dreams (boys)	FREE	Critical thinking (forming own opinions)	Hair growth on legs
Hair growth on underarms	Problem-solving skills improve	Increased awareness of peer acceptance	Growth spurt (taller heavier)	Increased sensitivity
Feeling uncertain or insecure	Crushes or romantic feelings	Menstruation begins (girls)	Widening of hips (girls)	Exploring personal identity and beliefs

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Wet dreams (boys)	Changes in family relationships	More time spent with friends	Desire for independence from family	Interest in new hobbies or activities
Facial hair growth (boys)	Widening of hips (girls)	Increased curiosity	Crushes or romantic feelings	Mood swings
Hair growth on underarms	Critical thinking (forming own opinions)	FREE	Hair growth on legs	Breast development (girls)
Growth spurt (taller heavier)	Menstruation begins (girls)	Voice deepening (boys)	Exploring personal identity and beliefs	Problem-solving skills improve
Increased awareness of peer acceptance	Increased sensitivity	Pubic hair growth	Self-awareness (thinking about identity)	Feeling uncertain or insecure

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Pubic hair growth	Exploring personal identity and beliefs	FREE	Problem-solving skills improve	Growth spurt (taller heavier)
Wet dreams (boys)	Mood swings	More time spent with friends	Widening of hips (girls)	Facial hair growth (boys)
Hair growth on legs	Breast development (girls)	Interest in new hobbies or activities	Desire for independence from family	Feeling uncertain or insecure