

B	I	N	G	O
Courageous	Passionate	Excited	Apathetic	Relieved
Angry	Joyful	Grateful	Overwhelmed	Nurturing
Enthusiastic	Numb	FREE	Proud	Disgusted
Connected	Disappointed	Content	Worried	Anxious
Embarrassed	Hopeless	Stressed	Sad	Irritated

B	I	N	G	O
Relaxed	Loved	Frustrated	Angry	Agitated
Proud	Connected	Regretful	Disgusted	Depressed
Grateful	Nurturing	FREE	Numb	Passionate
Overwhelmed	Relieved	Sad	Disappointed	Calm
Apathetic	Anxious	Embarrassed	Panicked	Peaceful

B	I	N	G	O
Relaxed	Motivated	Anxious	Angry	Joyful
Embarrassed	Sad	Passionate	Disgusted	Excited
Agitated	Frustrated	FREE	Courageous	Loved
Empty	Serene	Calm	Proud	Regretful
Overwhelmed	Confident	Numb	Nurturing	Relieved