

B	I	N	G	O
Self Examination	2nd Most Common	1 in 8	Biopsy - Stereo/MRI	Mastectomy
Fibrocystic Breast Tissue	ABUS	Risk Factors	IDC (Invasive Ductal Carcinoma)	5-year Gail Risk
Mammograms after 55	Ovarian/Pancreatic Cancer	FREE	Smoking Cessation	86%
Hormone Replace Therapy	DCIS (Ductal Carcinoma In Situ)	Plant Based Diet	Daily Exercise	Neoadjuvant Therapy
Estrogen	Males	Family History	Oncology	Breast MRI

B	I	N	G	O
Plant Based Diet	DCIS (Ductal Carcinoma In Situ)	Breast Feeding	Genetics	Daily Exercise
Breast Cancer Stages	86%	>3.5 Million	Hormone Replace Therapy	Fruits and Vegetables
Family History	61 & 68	FREE	98%	Metastatic Cancer
Clinical Breast Examination	Risk Factors	5-year Gail Risk	Smoking Cessation	Race & Ethnicity
3D Mammogram	Mastectomy	HER2 or -	Early Detection	Alcohol-Moderation

B	I	N	G	O
Biopsy - Ultrasound	Plant Based Diet	Lumpectomy	TNBC	Metastatic Cancer
Mammograms after 55	Inverted Nipple/Skin Dimpling	Neoadjuvant Therapy	86%	>65
Fruits and Vegetables	Alcohol- Moderation	FREE	Males	Genetics
HER2 or -	2nd Most Common	Clinical Breast Examination	1 in 8	Fibrocystic Breast Tissue
ABUS	Screening Mammogram	98%	Vitamin D	Tyrer Cuzick