

|                           |                          |                                     |                             |                                   |
|---------------------------|--------------------------|-------------------------------------|-----------------------------|-----------------------------------|
| <b>B</b>                  | <b>I</b>                 | <b>N</b>                            | <b>G</b>                    | <b>O</b>                          |
| Take a plane              | Change my hairstyle      | Drink less caffeine                 | Prioritize health           | Go to a concert                   |
| Don't work during weekend | Start a personal project | Pay off debt                        | Cut out toxic relationships | Prioritize eating 2 meals 2snacks |
| Save 5000                 | Try a new dish           | <b>FREE</b>                         | Do something new            | Finish one house project          |
| Go on a trip              | Remove Facebook          | Go see my family                    | Eat less fat and sugar      | Lose 20 pounds                    |
| Drink water every morning | Do yoga once a week      | Pay off highest balance credit card | Workout 5x a week           | Drink less Pepsi                  |

|                        |                                     |                   |                           |                                   |
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| Drink less caffeine    | Workout 5x a week                   | Go to a concert   | Do yoga once a week       | Prioritize eating 2 meals 2snacks |
| Go on a trip           | Do something new                    | <b>FREE</b>       | Finish one house project  | Change my hairstyle               |
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