

B	I	N	G	O
Tampons	21-28 days	Cramp Day	PERIOD	Headache
Check my pants!	Short Temper	Hungry	Aunt Flo	Ovaries
Pimples	Uterus	FREE	Bleeding	Emotional
Emotions	Pads	Estrogen	Cravings	Hot Water Bottle
Cramps	Cancelled Plans	Mood Swings	Weight Gain	Chocolate

B	I	N	G	O
Uterus	Aunt Flo	PERIOD	Check my pants!	Hungry
Cramp Day	Weight Gain	Headache	Cancelled Plans	Ovaries
Emotions	Bleeding	FREE	Emotional	21-28 days
Cravings	Mood Swings	Tampons	Chocolate	Pads
Estrogen	Hot Water Bottle	Pimples	Short Temper	Cramps

B	I	N	G	O
Cancelled Plans	Mood Swings	Aunt Flo	Hot Water Bottle	Bleeding
Tampons	Emotions	Estrogen	Short Temper	Headache
Pimples	Chocolate	FREE	Pads	Cravings
Uterus	Ovaries	PERIOD	Weight Gain	Cramp Day
Emotional	21-28 days	Hungry	Check my pants!	Cramps