

B	I	N	G	O
Tampons	21-28 days	Cramps	Pads	Hot Water Bottle
Check my pants!	Stay home from School	Mood Swings	Aunt Flo	PERIOD
Short Temper	Uterus	FREE	Bleeding	Emotions
Estrogen	Pimples	Headache	Emotional	Hungry
Cravings	Cancelled Plans	Ovaries	Weight Gain	Chocolate

B	I	N	G	O
Uterus	Aunt Flo	Pads	Check my pants!	Mood Swings
Cramps	Weight Gain	Hot Water Bottle	Cancelled Plans	PERIOD
Estrogen	Bleeding	FREE	Emotions	21-28 days
Emotional	Ovaries	Tampons	Chocolate	Pimples
Headache	Hungry	Short Temper	Stay home from School	Cravings

B	I	N	G	O
Cancelled Plans	Ovaries	Aunt Flo	Hungry	Bleeding
Tampons	Estrogen	Headache	Stay home from School	Hot Water Bottle
Short Temper	Chocolate	FREE	Pimples	Emotional
Uterus	PERIOD	Pads	Weight Gain	Cramps
Emotions	21-28 days	Mood Swings	Check my pants!	Cravings