

B	I	N	G	O
Show Respect	Advocate For Yourself	Choices	I'm struggling...	I am feeling...
Can you explain it another way?	Self-Advocacy	I need help...	Ask For Help	Problem Solve
Stay Calm	Ask Questions	FREE	Decisions	Express Yourself
Listen	Get Help	I'm having a hard time with...	Communicate	I need help with directions
Can I please take a break?	Independence	Can you give me space	Success	Can you help me understand...

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Stay Calm	Success	Ask For Help	Get Help	Can you explain it another way?
I'm struggling...	Express Yourself	Choices	I need help with directions	Ask Questions
Decisions	Advocate For Yourself	FREE	Communicate	I'm having a hard time with...
Can you help me understand...	Show Respect	Can you give me space	Listen	Can I please take a break?
I am feeling...	Confidence	Problem Solve	I need help...	Self-Advocacy

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Listen	Communicate	Stay Calm	Can you help me understand...	I'm struggling...
Independence	Problem Solve	Success	Get Help	Ask Questions
I'm having a hard time with...	Ask For Help	FREE	Decisions	Choices
Confidence	I am feeling...	Can I please take a break?	Advocate For Yourself	Show Respect
Self-Advocacy	I need help...	Express Yourself	I need help with directions	Can you give me space