B	I	N	G	O
I will get through this.	I am a good person.	I am open to new opportunities and experiences.	I choose to release all negativity.	I am worthy of all the good things that come my way.
I am deserving of happiness and success.	I now give and receive love.	I calmly work out problems.	I am a team-player.	I love who I am.
I am awesome.	I am stronger every day.	**FREE**	I am unique and valuable.	I have skills.
I am working hard.	I choose to make positive choices.	I am radiant happy and whole.	I am worthy.	I am proud of my achievements big and small.
I am constantly growing and evolving.	I am creative and bring new ideas to the table.	I believe in myself.	I am happy.	I can reach my goals.

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B	I	N	G	O
It is ok for me to be me.	I find joy in the small moments.	I choose to make positive choices.	I calmly work out problems.	I have skills.
I am constantly growing and evolving.	I am creative and bring new ideas to the table.	I can reach my goals.	I am worthy.	I am deserving of happiness and success.
I believe in myself.	I am a team-player.	**FREE**	I am stronger every day.	I am a good person.
I am worthy of all the good things that come my way.	I will get through this.	Things will work out.	I am happy.	I am awesome.
I choose to release all negativity.	I am loved.	I am unique and valuable.	I am open to new opportunities and experiences.	I am radiant happy and whole.

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B	I	N	G	O
I believe in myself.	I am deserving of happiness and success.	I choose to make positive choices.	I can reach my goals.	I am loved.
I am a team-player.	Things will work out.	I am open to new opportunities and experiences.	It is ok for me to be me.	I trust in myself.
I am happy.	I have skills.	**FREE**	I am working hard.	I choose to release all negativity.
I am a good person.	I am creative and bring new ideas to the table.	I am worthy.	I am unique and valuable.	I am strong.
I will get through this.	I am awesome.	I love who I am.	I am constantly growing and evolving.	I now give and receive love.

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