B	I	N	G	O
Submitted SPOA Application for housing	Born in the same month as Counselor	Acknowledging what I can and cannot change	Has a sponsor	I have no urges or thoughts of using in past 30 days
Has finished all steps	Enjoys camping/hiking/mountain climbing	Meditates daily	Has restarted the steps	Can quote the Big Book
Is on Step Four	Thinking "I can do this alone"	**FREE**	Can recite the steps	Has been to a meeting at the Family Counseling Center
Is on phase 1	Has done exercising w/in last 24 hrs	Is on Phase 2	Has fewer than 90 days clean/sober	Hit a milestone/anniversary within the past month
I am sober	Has been to a NA group w/in last week	Has a year sober/clean	Has performed on stage	Has a tattoo

Relapse Prevention Bingo Card #1 of 3

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B	I	N	G	O
Celebrated a recovery	Currently has a service position in a meeting	Has read a book called "The Long Walk"	Has finished all steps	Has finished Step Nine
Can recite the steps	Is on phase 1	I laughed today	Has been to a meeting at the Family Counseling Center	Has been to a meeting w/in last 24 hrs
Meditates daily	Can quote the Big Book	**FREE**	Thinking "I can do this alone"	Born in the same month as Counselor
Has restarted the steps	I have no urges or thoughts of using in past 30 days	Has performed on stage	Has done exercising w/in last 24 hrs	Has a musical talent
Has a sponsor	Hit a milestone/anniversary within the past month	I am sober	Has traveled out of the country	Is on Phase 3

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B	I	N	G	O
Celebrated a recovery	Deep breathing when I feel stressed out	Hit a milestone/anniversary within the past month	Has finished all steps	Enjoys camping/hiking/mountain climbing
I am sober	Has performed on stage	Born in the same month as Counselor	Has been to a meeting at the Family Counseling Center	Acknowledging what I can and cannot change
Has finished Step Nine	Has read a book called "The Long Walk"	**FREE**	Submitted SPOA Application for housing	Currently has a service position in a meeting
Wrote in a journal	Uses Count to 10 methods	Has a musical talent	Can recite the steps	I laughed today
Has restarted the steps	Has a sponsee	Thinking "I can do this alone"	Can quote the Big Book	I have no urges or thoughts of using in past 30 days

Relapse Prevention Bingo Card #3 of 3

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