

B	I	N	G	O
Take responsibility for your actions	Admit to a mistake	Accept all emotions as valid	Be kind to a stranger	Say yes to a new challenge
Help someone in need	Ask questions	Stand up for yourself	Make a new friend	Be a Leader
Recite positive affirmations	Show friends/family that you care	FREE	Ask an adult for help	Make a list of your strengths
Engage in conflict resolutions	Face your fears	Share your feelings	Give your opinion	Offer you advice
Show Initiative	Communicate your needs	Be yourself	Make a list of your strengths	Be respectful during an argument

B	I	N	G	O
Ask an adult for help	Ask for feedback	Make a list of your strengths	Help someone in need	Give your opinion
Ask a Peer for advice	Show friends/family that you care	Say yes to a new challenge	Engage in conflict resolutions	Face your fears
Stand up for yourself	Admit to a mistake	FREE	Take responsibility for your actions	Make a list of your strengths
Find a mentor	Be a Leader	Be respectful during an argument	Offer you advice	Teach someone about your hobbies
Recite positive affirmations	Make a new friend	Show Initiative	Ask questions	Accept all emotions as valid

B	I	N	G	O
Give your opinion	Ask questions	Make a list of your strengths	Take a risk	Ask an adult for help
Try something new	Teach someone about your hobbies	Be a Leader	Ask a Peer for advice	Say yes to a new challenge
Make a new friend	Be kind to a stranger	FREE	Admit to a mistake	Take responsibility for your actions
Help someone in need	Recite positive affirmations	Face your fears	Engage in conflict resolutions	Be yourself
Offer you advice	Show Initiative	Find a mentor	Accept all emotions as valid	Ask for feedback