

B	I	N	G	O
7 - Power Snatch	1 - Air Squat	15 - Split Jerk	3 - Back Squat	20 - Pull-up
13 - Squat Clean	6 - Snatch	22 - Bar Muscle-up	10 - Clean	24 - Toes to Bar
5 - Deadlift	8 - Hang Snatch	FREE	11 - Power Clean	18 - Strict Press
19 - Thruster	4 - Overhead Squat	2 - Front Squat	17 - Push Press	21 - Chest to Bar
16 - Push Jerk	12 - Hang Clean	23 - Ring Muscle-up	9 - Squat Snatch	14 - Clean and Jerk

B	I	N	G	O
8 - Hang Snatch	10 - Clean	3 - Back Squat	13 - Squat Clean	22 - Bar Muscle-up
15 - Split Jerk	9 - Squat Snatch	20 - Pull-up	12 - Hang Clean	24 - Toes to Bar
19 - Thruster	11 - Power Clean	FREE	18 - Strict Press	1 - Air Squat
17 - Push Press	23 - Ring Muscle-up	7 - Power Snatch	14 - Clean and Jerk	4 - Overhead Squat
2 - Front Squat	21 - Chest to Bar	5 - Deadlift	6 - Snatch	16 - Push Jerk

B	I	N	G	O
12 - Hang Clean	23 - Ring Muscle-up	10 - Clean	21 - Chest to Bar	11 - Power Clean
7 - Power Snatch	19 - Thruster	2 - Front Squat	6 - Snatch	20 - Pull-up
5 - Deadlift	14 - Clean and Jerk	FREE	4 - Overhead Squat	17 - Push Press
8 - Hang Snatch	24 - Toes to Bar	3 - Back Squat	9 - Squat Snatch	15 - Split Jerk
18 - Strict Press	1 - Air Squat	22 - Bar Muscle-up	13 - Squat Clean	16 - Push Jerk