

B	I	N	G	O
stained my bed	Acne	Hungry	Weight Gain	Moody
Cramps	heavy cramps	Short Temper	Agitation	cycle length
stained my clothes	Bleeding	FREE	Menstruation is period	Migraine
check your pants	Mood Swings	Sore Breasts	Hygiene	Pads
Cancelled Plans	bleed in shower	Cravings	?	Emotions

B	I	N	G	O
stained my clothes	?	Agitation	Mood Swings	Cramps
Weight Gain	Migraine	Hungry	Pads	Bleeding
Menstruation is period	Acne	FREE	Hygiene	Sore Breasts
Emotions	stained my bed	Cravings	check your pants	Cancelled Plans
Moody	May start age 8 years	cycle length	Short Temper	heavy cramps

B	I	N	G	O
check your pants	Hygiene	stained my clothes	Emotions	Weight Gain
bleed in shower	cycle length	?	Mood Swings	Bleeding
Sore Breasts	Agitation	FREE	Menstruation is period	Hungry
May start age 8 years	Moody	Cancelled Plans	Acne	stained my bed
heavy cramps	Short Temper	Migraine	Pads	Cravings