

B	I	N	G	O
Tried to manifest my period away Took a sick day due to heavy cramps	3-5 day cycle	Got my period at school	Takes Midol/Ibuprofen like candy	Only wears black pants until its over
Cramps	Took the day off my first period	Short Temper	Acne Break-out	Started at age 9
Told my best friend before anyone else	bleed in shower	FREE	Ask someone to check you pants	Heating pads doesn't leave my sight
Migraine/headaches	Tampons/Pads Double pro	Mood Swings	Has bad Period gas	Only wears pads
Hangry	Change pad every 4 hours	Started @ 13 & above	stained my clothes in public	Cravings Chocolate

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