

B	I	N	G	O
Unsteadiness	Angry	Feeling helpless	Suicidal ideation	Insomnia
Feeling empty	Unexplained aches/pains	Lack of appetite	Difficulty concentrating	Shaky
Tingling	Weight gain	I FEEL FREE!	Easily annoyed	Feeling worthless
Generalized weakness	Sweating	Headaches	Feeling sad	Irritable
Feeling hopeless	Fatigue	No interest in activities	Weight loss	Feeling guilty

B	I	N	G	O
Weight gain	Difficulty concentrating	Suicidal ideation	Feeling empty	Lack of appetite
Feeling helpless	Weight loss	Insomnia	Fatigue	Shaky
Generalized weakness	Easily annoyed	I FEEL FREE!	Feeling worthless	Angry
Feeling sad	No interest in activities	Unsteadiness	Feeling guilty	Sweating
Headaches	Irritable	Tingling	Unexplained aches/pains	Feeling hopeless

B	I	N	G	O
Fatigue	No interest in activities	Difficulty concentrating	Irritable	Easily annoyed
Unsteadiness	Generalized weakness	Headaches	Unexplained aches/pains	Insomnia
Tingling	Feeling guilty	I FEEL FREE!	Sweating	Feeling sad
Weight gain	Shaky	Suicidal ideation	Weight loss	Feeling helpless
Feeling worthless	Angry	Lack of appetite	Feeling empty	Feeling hopeless