

B	I	N	G	O
Try something new (with help)	10 straight jumps on beam	Challenge a grown-up to a releve' hold on floor	Mountain climber-lever-mountain climber	Do connected cartwheels all the way down the lane
5 roundoff dismounts-landings stuck	Stick 5 handstands on the beam	Get dressed up & take a pic	5 back pull overs in a row on bars	Make up your own routine down the lane
See if you can leap over 1 2 or 3 blocks	Write a thank-you note to your parent or coach about gymnastics	FREE	5 casts in a row on bars	Do 10 beautiful backwalkovers
Do 10 sit-ups & 10 push-ups	Race a teammate down the vault runway	Do 15 split jumps on the tumble track	Dance through your floor routine for the parents	Do roundoffs down every lane
Compliment a teammate	5 casts off bars-landings stuck	Land 5 cartwheels on a low beam	Write down why you love gymnastics	5 side handstands-landings stuck

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Challenge a grown-up to a 'releve' hold on floor	Write down why you love gymnastics	Do connected cartwheels all the way down the lane	5 casts off bars-landings stuck	Make up your own routine down the lane
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Dance through your floor routine for the parents	Land 5 cartwheels on a low beam	Try something new (with help)	5 side handstands-landings stuck	Race a teammate down the vault runway
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