

B	I	N	G	O
State your need	Advocate For Others	Confidence	Problem Solve	I'm having a hard time with...
Can you help me understand...	Show Respect	Listen	Ask For Help	Self-Advocacy
Stay Calm	Ask Questions	Independence	Get Help	Can you give me space
I am feeling...	Reflect	I need help...	Please stop!	Say "No"
Express Yourself	Decisions	I'm struggling...	Can I please take a break	Success

B	I	N	G	O
Success	Can you help me understand...	Stay Calm	Ask Questions	Problem Solve
Listen	Communicate	Ask For Help	State your need	I'm having a hard time with...
Can you give me space	I am feeling...	Confidence	Independence	Get Help
Advocate For Others	Decisions	Please stop!	Show Respect	Say "No"
I need help...	Can I please take a break	I'm struggling...	Self-Advocacy	Express Yourself

B	I	N	G	O
Stay Calm	Communicate	Problem Solve	Reflect	Self-Advocacy
Success	I'm having a hard time with...	Ask Questions	Please stop!	Ask For Help
I am feeling...	Confidence	Get Help	I'm struggling...	Can you give me space
Advocate For Others	State your need	Show Respect	Independence	I need help...
Say "No"	Decisions	Can I please take a break	Listen	Can you help me understand...