

B	I	N	G	O
Self-actualization	Acceptance	12 Step Programs	Eating disorder	Pavlov's Dog
Maslow	Dancing	Relapse	Mood disorder	Anxiety
Positive Stress	Social worker	FREE	Belonging	Mistakes
Happiness	Problem Solving	Hurt	Phobias	Journaling
Obsession	Physiological needs	Operant Conditioning	Fearful	Expressing Feelings

B	I	N	G	O
Medications	Hurt	Empowerment	Breathing	Confusion
Mistakes	Maslow	Love	Avoidance	Problem Solving
Perfectionist	Gratification	FREE	Belonging	Relapse
Anxiety	Social worker	Happiness	Mental disorder	Impulse-control disorder
Defeated	Eating disorder	Negative Stress	Spontaneity	Personality disorder

B	I	N	G	O
Pavlov's Dog	Mood disorder	Phobias	Belonging	Coping strategy
Obsession	Maslow	Defeated	Operant Conditioning	Mental disorder
Acceptance	Gratification	FREE	12 Step Programs	Love
Dancing	Mistakes	Self-actualization	Breathing	Wellness goals
Vision	Spontaneity	Avoidance	Perfectionist	Depression