

B	I	N	G	O
realistic	AA Group	478 Breathing	NA Group	long term occupation
Sponsor	Emotional	place	assertive	Alcohol
lean	person	FREE	self medicating	Avoid
aggressive	STOP ACT THINK	Scheduled One	meditation	Specific
indeed	passive	Polysubstance	Physical	Unemployment

B	I	N	G	O
Scheduled One	Occupational	Avoid	Cocaine	Xanax
Sponsor	Spiritual	Amphetamine	person	Cannabis
measurable	STOP ACT THINK	FREE	prayer	Alcohol
self medicating	place	aggressive	long term occupation	Unemployment
Scheduled Two	Emotional	NA Group	group therapy	short term

B	I	N	G	O
measurable	lean	assertive	mental health	Avoid
DFACS	group therapy	Sponsor	Emotional	indeed
Xanax	AA Group	FREE	Resume	478 Breathing
Spiritual	realistic	Cannabis	thing	short term occupation
Exercise	short term	Amphetamine	long term occupation	Longterm