

B	I	N	G	O
realistic	AA Group	478 Breathing	NA Group	long term occupation
Sponsor	Emotional	place	assertive	Alcohol
lean	person	self medicating	Avoid	aggressive
STOP ACT THINK	Scheduled One	meditation	Specific	indeed
passive	Polysubstance	Physical	Unemployment	Occupational

B	I	N	G	O
Avoid	Cocaine	Xanax	Sponsor	Spiritual
Amphetamine	person	Cannabis	measurable	STOP ACT THINK
Scheduled One	prayer	Alcohol	self medicating	place
aggressive	long term occupation	Unemployment	Scheduled Two	Emotional
NA Group	group therapy	short term	lean	assertive

B	I	N	G	O
mental health	Avoid	DFACS	group therapy	Sponsor
Emotional	indeed	Xanax	AA Group	Resume
478 Breathing	Spiritual	realistic	Cannabis	thing
short term occupation	Exercise	short term	Amphetamine	long term occupation
assertive	Longterm	Alcohol	self medicating	Scheduled One