

*	P	C	A	*
Thank a co-worker	Answer call lights down all 3 hallways	Get a set of vital signs in a double room	Restock the blanket warmer	Record I&O's for 4 patients
Clean up the workstation	Take meds to a patient's cubby	Replace a full sharps container	Answer the phone	Restock an iso cart
Take a patient to the balcony for some fresh air	Use alternative therapies to help manage pain (ice/warm blanket)	FR5C RULES!!	Ask 6 patients if they have done their Voldyne lately	Give a patient a backrub/handrub
Help boost 3 patients	Shower/bathe 5 patients	High five everyone in the huddle	Get on break (before 2pm)	Refill water pitchers for one hallway
Get all patient weights recorded	Clean up a patient's room or messy table	Replace empty glove boxes	Walk 1 patient 3x	Get 10 patients to brush their teeth before 10am

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