

B	I	N	G	O
splint	103	Injury	put feet up	Stitches
First Aid Kit	soap and water	ask for help	Adult	inhaler
run it under cool water	stethoscope	FREE	Bruise	Pressure
Pulse	respiratory rate	Sling	Pinch your nose	Wash Your Hands
Make sure its safe	Burns	credit card	tilt your head down	Heimlich

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stethoscope	Adult	put feet up	First Aid Kit	ask for help
Injury	tilt your head down	Stitches	Burns	inhaler
Pulse	Bruise	FREE	Pressure	103
Pinch your nose	credit card	splint	Heimlich	respiratory rate
Sling	Wash Your Hands	run it under cool water	soap and water	Make sure its safe

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Burns	credit card	Adult	Wash Your Hands	Bruise
splint	Pulse	Sling	soap and water	Stitches
run it under cool water	Heimlich	FREE	respiratory rate	Pinch your nose
stethoscope	inhaler	put feet up	tilt your head down	Injury
Pressure	103	ask for help	First Aid Kit	Make sure its safe