

S	O	B	E	R
Step Twelve	Affirmations	Addiction	High risk situation	Step Four
Pain pills	Has a sponsor	Step Ten	Resentments	Better communication
Step Five	Step Seven	FREE	Steroids	Celebrated a recovery
Relationships	Mental Health Court	Step Six	Meth	Step One
Money problems	Self-help support group	Meditation	Marijuana	Relapse

S	O	B	E	R
Meth	Inhalants	Celebrated a recovery	Co-occurring disorder	Relationships
Positive coping strategies	Pain pills	Better communication	Step Six	Step Four
Memory loss	Mental Health Court	FREE	Step Ten	Steroids
Affirmations	Relapse	Has a sponsor	Self-help support group	Treatment
Step Nine	Step Five	Resentments	Step One	Family

S	O	B	E	R
Self-help support group	Positive coping strategies	Has a sponsor	Step Five	Relapse
Affirmations	Memory loss	Addiction	Pain pills	Step Twelve
Co-occurring disorder	Trigger	FREE	Treatment	Has fewer than 90 days clean/sober
Better communication	Step Four	Relationships	Heroin	Steroids
Family	Meth	High risk situation	Celebrated a recovery	Marijuana