

B	I	N	G	O
Tired easily	Avoid dumb people	Flinches	Says sorry a lot	Love hot weather
Day dreams	Spends to long in bed	No appetite or forgets to eat	Blames self a lot	Shy
Trust issues	Boring	FREE	Goes to therapy	Hate being around a lot of people
Sensory overload	Hate people yelling in anger	Poetry	Free space	Mood swings
Creative	Scared to ask for help	Easily triggered/and stressed	Zones out	Easy to get jumped scared

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Trust issues	Zones out	Blames self a lot	Hate people yelling in anger	Day dreams
Says sorry a lot	Hate being around a lot of people	Flinches	Mood swings	Boring
Goes to therapy	Avoid dumb people	FREE	Free space	Poetry
Easy to get jumped scared	Tired easily	Easily triggered/and stressed	Sensory overload	Creative
Love hot weather	Fucked up sleep schedule	Shy	No appetite or forgets to eat	Spends to long in bed

B	I	N	G	O
Sensory overload	Free space	Trust issues	Easy to get jumped scared	Says sorry a lot
Scared to ask for help	Shy	Zones out	Hate people yelling in anger	Boring
Poetry	Blames self a lot	FREE	Goes to therapy	Flinches
Fucked up sleep schedule	Love hot weather	Creative	Avoid dumb people	Tired easily
Spends to long in bed	No appetite or forgets to eat	Hate being around a lot of people	Mood swings	Easily triggered/and stressed