

B	I	N	G	O
Personalization	All-or-nothing thinking	Emotional reasoning	Mind reading	Magical thinking
Disqualifying the positive	Personalization	Magnification and minimization	All-or-nothing thinking	Mind reading
Overgeneralization	"Should" statements	FREE	Catstrophizing	Fortune telling
Jumping to conclusions	Overgeneralization	Jumping to conclusions	Fortune telling	Magical thinking
Emotional reasoning	Catstrophizing	Magnification and minimization	"Should" statements	Disqualifying the positive

B	I	N	G	O
"Should" statement s	All-or-nothing thinking	Mind reading	Disqualifying the positive	Magnification and minimization
Emotional reasoning	"Should" statement s	Magical thinking	Catstrophizing	Mind reading
Jumping to conclusions	Catstrophizing	FREE	Fortune telling	All-or-nothing thinking
Fortune telling	Magnification and minimization	Personalization	Disqualifying the positive	Overgeneralization
Jumping to conclusions	Magical thinking	Overgeneralization	Personalization	Emotional reasoning

B	I	N	G	O
Catstrophizing	Magnification and minimization	All-or-nothing thinking	Magical thinking	Catstrophizing
Personalization	Jumping to conclusions	Jumping to conclusions	Personalization	Magical thinking
Overgeneralization	Disqualifying the positive	FREE	Overgeneralization	Fortune telling
"Should" statement s	Mind reading	Mind reading	"Should" statement s	Emotional reasoning
Fortune telling	All-or-nothing thinking	Magnification and minimization	Disqualifying the positive	Emotional reasoning