

S	O	B	E	R
Steroids	Addiction	Has fewer than 90 days clean/sober	Positive coping strategies	Memory loss
Family	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Treatment	Better communication	Inhalants	Co-occurring disorder
Marijuana	Relapse	Meditation	Relationships	Heroin
Mental Health Court	Has finished Step Nine	Celebrated a recovery milestone/Anniv within the past week	Money problems	High risk situation

S	O	B	E	R
Addiction	Meditation	Family	Mental Health Court	Steroids
Celebrated a recovery milestone/Anniv within the past week	Trigger	Treatment	Better communication	Positive coping strategies
Meth	Has fewer than 90 days clean/sober	Affirmations	Co-occurring disorder	Inhalants
Marijuana	High risk situation	Heroin	Pain pills	Money problems
Self-help support group	Relationships	Resentments	Memory loss	Has finished Step Nine

S	O	B	E	R
Celebrated a recovery milestone/Anniv within the past week	Money problems	Affirmations	Mental Health Court	Better communication
Self-help support group	Steroids	Inhalants	Meditation	Resentments
Relationships	Family	Heroin	Treatment	Has a sponsor
Pain pills	Positive coping strategies	Trigger	Relapse	Has fewer than 90 days clean/sober
High risk situation	Memory loss	Co-occurring disorder	Addiction	Meth