

B	I	N	G	O
Understand who you are	Accept what cannot be changed.	Accept that you are responsible for you and only you	Eat well.	Search for what truly matters. Find it. Remember it
Live in the moment. Be present all the time	Don't over-think or over-plan: Embrace serendipity	Tell the truth.	Never ever stop learning.	Avoid social comparison.
Act with integrity; Be the better person	Pray when you're thankful not just when you need help.	FREE	Tell amazing people how amazing they are.	Use what you've learned to make future decisions
Be smart with your money; use it towards impactful memories.	Make mistakes: Lots of them new ones every day	Get absorbed into the present.	Have fun!	Spend time with your family and value them.
Laugh until your face hurts.	Nurture social relationships.	Take the time to listen.	Learn passionately. Be intensely curious	Stop worrying

B	I	N	G	O
Pray when you're thankful not just when you need help.	Express gratitude for what they already have.	Tell amazing people how amazing they are.	Get absorbed into the present.	Exercise.
Live minimally.	Have fun!	Establish personal control.	Be you. Everyone else is taken	Choose friends wisely.
Make mistakes: Lots of them new ones every day	Live in the moment. Be present all the time	FREE	Let go of regrets	Be happy
See problems as challenges.	Go for it! Just do it	Tell the truth.	Avoid social comparison.	Use what you've learned to make future decisions
Tell great stories that make people giggle and smile.	Act with integrity; Be the better person	Search for what truly matters. Find it. Remember it	Live life out loud	Be smart with your money; use it towards impactful memories.

B	I	N	G	O
Go for it! Just do it	Live with intent	Tell great stories that make people giggle and smile.	Have the courage to change what you can change	Live in the moment. Be present all the time
Don't complain just fix it.	Eat well.	Never make excuses.	Use your mistakes to strengthen your future not deter you.	Speak well of others.
Pray when you're thankful not just when you need help.	Never ever stop learning.	FREE	Stay organized: Will save you time and money	Be you. Everyone else is taken
Come from a place of "YES."	Never seek approval from others.	Nurture social relationships.	Live minimally.	Act with integrity; Be the better person
Forgive. Let it go. Move on	Accept that you are responsible for you and only you	Let go of regrets	Don't over-think or over-plan: Embrace serendipity	Understand and accept what you cannot change