

B	I	N	G	O
Mood swings	Hormones	Cravings	Facial	Headache
Menstrual	Comfort food	Massage	Sleep	Heavy
Ovaries	Menstrual cup	FREE	Bled through	Pressure
Uterus	Ice cream	Cramps	Body pain	Vaginal pain
Tampon	Chocolate	Spa	Period cycle	Light

B	I	N	G	O
Tampon	Comfort food	Massage	Bled through	Headache
Uterus	Menstrual cup	Cravings	Sleep	Vaginal pain
Ovaries	Ice cream	FREE	Body pain	Heavy
Menstrual	Hormones	Spa	Facial	Pressure
Mood swings	Chocolate	Bloody mess	Period cycle	Light

B	I	N	G	O
Ovaries	Hormones	Cramps	Facial	Pressure
Uterus	Comfort food	Bloody mess	Period cycle	Vaginal pain
Mood swings	Menstrual cup	FREE	Sleep	Light
Tampon	Ice cream	Cravings	Body pain	Headache
Menstrual	Chocolate	Massage	Bled through	Heavy