

S	O	B	E	R
Meditation	Mental Health Court	family	pain pills	treatment
Has finished Step Nine	NNAMHS	meth	relapse	resentments
Celebrated a recovery milestone/anniv within the past week	better communication	FREE	relationships	trigger
Has fewer than 90 days clean/sober	addiction	memory loss	positive coping strategies	steroids
High risk situation	affirmations	inhalants	money problems	self-help support group

S	O	B	E	R
Has a sponsor	co-occurring disorder	marijuana	relationships	treatment
High risk situation	affirmations	memory loss	money problems	resentments
Has finished Step Nine	NNAMHS	FREE	relapse	steroids
Celebrated a recovery milestone/anniv within the past week	addiction	family	positive coping strategies	trigger
Meditation	Mental Health Court	heroin	pain pills	self-help support group

S	O	B	E	R
Has finished Step Nine	Mental Health Court	inhalants	positive coping strategies	resentments
Has fewer than 90 days clean/sober	affirmations	heroin	relapse	treatment
Has a sponsor	co-occurring disorder	FREE	pain pills	trigger
High risk situation	NNAMHS	meth	relationships	self-help support group
Celebrated a recovery milestone/anniv within the past week	better communication	family	money problems	steroids