

Balance Beam

7 Your Dismounts	10 Handstands	3 dance routines	5 of your Upgrade Skill	5 Full turns
15 pushups on beam	7 Split leaps	5 Your Leaps series	10 Stuck half turns	5 full turns
7 Split jumps	7 pivot turns	FREE	10 anchors	5 Cartwheel handstands
5 Dismounts	7 Mounts	5 Full routines	5 Cartwheel Cartwheel	5 Split leap
5 Back walkovers	10 levers	5 front tuck dismount	FREE your choice	15 tricep pushups

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7 pivot turns	10 Stuck half turns	5 of your Upgrade Skill	15 pushups on beam	5 Your Leaps series
3 dance routines	FREE your choice	5 Full turns	10 levers	5 full turns
5 Dismounts	10 anchors	FREE	5 Cartwheel handstands	10 Handstands
5 Cartwheel Cartwheel	5 front tuck dismount	7 Your Dismounts	15 tricep pushups	7 Mounts
5 Full routines	5 Split leap	7 Split jumps	7 Split leaps	5 Back walkovers

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10 levers	5 front tuck dismount	10 Stuck half turns	5 Split leap	10 anchors
7 Your Dismounts	5 Dismounts	5 Full routines	7 Split leaps	5 Full turns
7 Split jumps	15 tricep pushups	FREE	7 Mounts	5 Cartwheel Cartwheel
7 pivot turns	5 full turns	5 of your Upgrade Skill	FREE your choice	3 dance routines
5 Cartwheel handstands	10 Handstands	5 Your Leaps series	15 pushups on beam	5 Back walkovers