

B	I	N	G	O
Unsure	Afraid	Depressed	Overwhelmed	Grief
Burnout	Stress	Isolation	Anxiety	Satisfied
Bitter	Excited	FREE	Exhaustion	Sad
Fear	Overconfidence	Emptiness	Guilt	Distracted
Bored	Boredom	Happy	Calm	Lonely

B	I	N	G	O
Upset	Relaxed	Overconfidence	Isolation	Sad
Bored	Boredom	Lonely	Guilt	Burnout
Happy	Anxiety	FREE	Excited	Afraid
Grief	Unsure	Worried	Calm	Bitter
Overwhelmed	Confused	Exhaustion	Depressed	Emptiness

B	I	N	G	O
Happy	Burnout	Overconfidence	Lonely	Confused
Anxiety	Worried	Depressed	Upset	Surprised
Calm	Sad	FREE	Fear	Overwhelmed
Afraid	Boredom	Guilt	Exhaustion	Enraged
Unsure	Bitter	Satisfied	Bored	Stress