B	I	N	G	O
Using friends	Anger	Feeling hopeless	Relationships	Loneliness
Deaths	Unexpected life events	Money	Being around using family	Physical pain
Stress/Conflict	Boredom	**FREE**	Medical problems	Getting overwhelmed
Glorifying the good ol days	Seeing paraphernalia	Lack of support	Passing by liquor stores	Seeing people high
Frustration	Feeling worthless	Loss of daily structure	Break-ups	Complacency

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B	I	N	G	O
Medical problems	Loneliness	Boredom	Stress/Conflict	Break-ups
Relationships	Getting overwhelmed	Glorifying the good ol days	Unexpected life events	Being around using family
celebrations	Loss of daily structure	**FREE**	Deaths	Feeling hopeless
Passing by liquor stores	Physical pain	Money	Seeing paraphernalia	Complacency
Anger	Using friends	things going well	Emotional pain/trauma	Feeling worthless

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B	I	N	G	O
Medical problems	Deaths	Passing by liquor stores	Emotional pain/trauma	Being around using family
Anger	things going well	celebrations	Complacency	Unexpected life events
Driving by old neighborhoods	Seeing paraphernalia	**FREE**	Lack of support	Physical pain
Loss of daily structure	Glorifying the good ol days	Getting overwhelmed	Boredom	Seeing people high
Break-ups	Stress/Conflict	Loneliness	Feeling hopeless	Money

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