

Supportive family members	2nd leading cause of death of ages 15-24	Effective problem solving skills	Safe storage of lethal means	Life goals and high self-esteem
Access to care	Support from others	Resilience	;	Strong sense of identity
The Power of Pause	A sense of purpose	FREE	Healthy Relationships	Hope
See something say something help someone	Leadership support	Safe environment	Free	Mattering
Able to identify reasons to live	Safety Plan	Cultural religious or moral objection to suicide	Wingman Culture	Effective coping skills

The Power of Pause	Wingman Culture	;	Leadership support	Access to care
Safe storage of lethal means	Hope	Effective problem solving skills	Mattering	A sense of purpose
Healthy Relationships	2nd leading cause of death of ages 15-24	FREE	Free	Safe environment
Effective coping skills	Supportive family members	Cultural religious or moral objection to suicide	See something say something help someone	Able to identify reasons to live
Life goals and high self-esteem	Healthy Lifestyle habits	Strong sense of identity	Resilience	Support from others

See something say something help someone	Free	The Power of Pause	Effective coping skills	Safe storage of lethal means
Safety Plan	Strong sense of identity	Wingman Culture	Leadership support	A sense of purpose
Safe environment	;	FREE	Healthy Relationships	Effective problem solving skills
Healthy Lifestyle habits	Life goals and high self-esteem	Able to identify reasons to live	2nd leading cause of death of ages 15-24	Supportive family members
Support from others	Resilience	Hope	Mattering	Cultural religious or moral objection to suicide