| B | I | N | G | O |
|---|---|---|---|---|
| Stress/Conflict | Anger | Feeling hopeless | Passing by liquor stores | Loneliness |
| Driving by old neighborhoods | Seeing people high | Medical problems | Being around using family | Music |
| Seeing paraphenalia | Unexpected life events | **FREE** | Boredom | Getting overwhelmed |
| Glorifying the good ol days | Physical pain | Lack of support | Frustration | Loss of daily structure |
| Feeling worthless | Complacency | Money | Using friends | Emotional pain/trauma |



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| B | I | N | G | O |
|---|---|---|---|---|
| Unexpected life events | Being around using family | Passing by liquor stores | Driving by old neighborhoods | Medical problems |
| Feeling hopeless | Using friends | Loneliness | Complacency | Music |
| Glorifying the good ol days | Boredom | **FREE** | Getting overwhelmed | Anger |
| Frustration | Money | Stress/Conflict | Emotional pain/trauma | Physical pain |
| Lack of support | Loss of daily structure | Seeing paraphenalia | Seeing people high | Feeling worthless |



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| B | I | N | G | O |
|---|---|---|---|---|
| Complacency | Money | Being around using family | Loss of daily structure | Boredom |
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