

B	O	N	E	S
WALKING	AGE	EXERCISE	SPINE	OSTEOPOROSIS
DIET	VITAMIN D	PROTEIN	ALCOHOL	THIN
WEAK AND BRITTLE	BONE DENSITY	FREE	MEDICATION	MILK
SUNSHINE	MILK	SMOKING	FRACTURE	POROUS
CALCIUM	STRONG	DOCTOR	WOMEN	ESTROGEN

B	O	N	E	S
WEAK AND BRITTLE	WOMEN	ALCOHOL	MILK	DIET
SPINE	MILK	EXERCISE	POROUS	BONE DENSITY
MEDICATION	AGE	FREE	FRACTURE	SMOKING
ESTROGEN	WALKING	DOCTOR	SUNSHINE	CALCIUM
OSTEOPOROSIS	FRAX	THIN	PROTEIN	VITAMIN D

B	O	N	E	S
SUNSHINE	FRACTURE	WEAK AND BRTILLE	ESTROGEN	SPINE
STRONG	THIN	WOMEN	MILK	BONE DENSITY
SMOKING	ALCOHOL	FREE	MEDICATION	EXERCIS E
FRAX	OSTEOPOROSIS	CALCIUM	AGE	WALKING
VITAMIN D	PROTEIN	MILK	POROUS	DOCTOR