

B	I	N	G	O
Tree	Boat	Downward Dog	Seated Twist	Lizard
Cat	Standing Split	Plank	Bow	Pyramid
Side Plank	Two Leg Forward Bend	FREE	Bridge	Half Moon
Half Twist	Shark	Happy Baby	Gate	Pigeon
Eagle	Butterfly	Plow	Warrior 3	Cobra

B	I	N	G	O
Two Leg Forward Bend	Bow	Seated Twist	Cat	Plank
Downward Dog	Warrior 3	Lizard	Butterfly	Pyramid
Half Twist	Bridge	FREE	Half Moon	Boat
Gate	Plow	Tree	Cobra	Shark
Happy Baby	Pigeon	Side Plank	Standing Split	Eagle

B	I	N	G	O
Butterfly	Plow	Bow	Pigeon	Bridge
Tree	Half Twist	Happy Baby	Standing Split	Lizard
Side Plank	Cobra	FREE	Shark	Gate
Two Leg Forward Bend	Pyramid	Seated Twist	Warrior 3	Downward Dog
Half Moon	Boat	Plank	Cat	Eagle