

C	O	P	E	!
Watch a favorite TV show	Alphabetize your books	Look up at the sky	Scribble on sheets of paper	Pray
Go through old stuff	Try to build something	Re-organize your room	Be with other people	Ride a bicycle
Start collecting something	Watch a movie from your childhood	FREE	Clean trash up at your local park	Plan a dinner
Play a musical instrument	Smile at 5 people	Play video/computer games	Perform a random act of kindness	Put on fake tattoos
Make a list of blessings in your life	Go for a jog	Rearrange your house	Watch an old happy movie	Go to the mall

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