

B	I	N	G	O
Tibia	Achilles Tendonitis	Heel Spur	Shin Splints	Medial Longitudinal Arch
Cuboid	Talus	Medial Tibial Stress Syndrome	Ankle Sprain	Plantar Fasciitis
Talocrural Joint	Transverse Arch	FREE	Calcaneus	Lateral Longitudnal Arch
Lateral Malleolus	Subtalar Joint	Medial Cuneiform	Lateral Cuneiform	Medial Malleolus
Intermediate Cuneiform	Compartment Syndrome	Navicular	Turf Toe	Fibula

B	I	N	G	O
Transverse Arch	Ankle Sprain	Shin Splints	Cuboid	Medial Tibial Stress Syndrome
Heel Spur	Turf Toe	Medial Longitudinal Arch	Compartment Syndrome	Plantar Fasciitis
Lateral Malleolus	Calcaneus	FREE	Lateral Longitudnal Arch	Achilles Tendonitis
Lateral Cuneiform	Navicular	Tibia	Fibula	Subtalar Joint
Medial Cuneiform	Medial Malleolus	Talocrural Joint	Talus	Intermediate Cuneiform

B	I	N	G	O
Compartment Syndrome	Navicular	Ankle Sprain	Medial Malleolus	Calcaneus
Tibia	Lateral Malleolus	Medial Cuneiform	Talus	Medial Longitudinal Arch
Talocrural Joint	Fibula	FREE	Subtalar Joint	Lateral Cuneiform
Transverse Arch	Plantar Fasciitis	Shin Splints	Turf Toe	Heel Spur
Lateral Longitudnal Arch	Achilles Tendonitis	Medial Tibial Stress Syndrome	Cuboid	Intermediate Cuneiform