

B	I	N	G	O
Support groups	Achieve daily goals	Friendships	Positive thinking	Laughter
Coping skills	Skills/Abilities	Music	Anger management	Patience
Self confidence	Thankful	FREE	Aspirations	Happiness
Hero	Relaxing hobbies	Journaling	Good self esteem	Love
Fun	Confident	Optimism	Trust	Family

B	I	N	G	O
Thankful	Anger management	Positive thinking	Coping skills	Music
Friendships	Trust	Laughter	Confident	Patience
Hero	Aspirations	FREE	Happiness	Achieve daily goals
Good self esteem	Optimism	Support groups	Family	Relaxing hobbies
Journaling	Love	Self confidence	Skills/Abilities	Fun

B	I	N	G	O
Confident	Optimism	Anger management	Love	Aspirations
Support groups	Hero	Journaling	Skills/Abilities	Laughter
Self confidence	Family	FREE	Relaxing hobbies	Good self esteem
Thankful	Patience	Positive thinking	Trust	Friendships
Happiness	Achieve daily goals	Music	Coping skills	Fun