B	I	N	G	O
swimming	Angry	Aggression	Sad	indoor basketball
breathing	Heart Racing	safety	fishing	Appropriate
push-ups	talking	**FREE**	Clenching of Fist	fighting
Worried	Happy	baseball	play cards	board games
going to the store	pull-ups	home visit	Tight Jaw	aggression

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B	I	N	G	O
Tears	crying	baseball	Self-Injurious	Coloring
Coping Statement	drawing	crafts	brain storming	BINGO
push-ups	listen to music	**FREE**	Worried	back gammon
safety	Appropriate	talking	running away	Anxious
fighting	Clenching of Fist	aggression	Hot Face	Sad

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B	I	N	G	O
running away	goal setting	tell jokes	organize room	home visit
fishing	play cards	Coloring	Emotions	crafts
Heart Racing	going to the store	**FREE**	depressed	Anxious
Worried	Aggression	brain storming	drawing	swimming
Coping Skillls	watch tv	upset	Hot Face	BINGO

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